

# IKTAR

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5  
Steps

*to*

**Achieve  
Work-Life  
Balance**

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Jilani**



for Sales Leadership + Business Empowerment  
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1

**Set  
boundaries  
that protect  
your personal  
time.**

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2

**Prioritize  
your health  
and well-  
being daily.**

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3

**Delegate  
tasks to  
lighten your  
load.**

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4

**Learn to  
recharge  
without  
guilt.**

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5

**Focus on  
quality, not  
just  
quantity, of  
work.**

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*"Transform Insight  
into Action"*

Success isn't about knowing the rules,  
it's about applying them effectively.  
Are you ready to elevate your business  
and personal growth?

Let's connect and unlock your true  
potential.

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